

Waiver and Informed Consent Statement:

In consideration of you accepting this entry, I, the participant, intending to be legally bound and hereby waive or release any and all right and claims for damages or injuries that I may have against the Event Director/Race Director, Miles Of Smiles, RunSignUp.com, Damascus Friends Church and all of their agents assisting with the event, sponsors and their representatives and employees for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the event. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I also authorize the use of photographs or videos that include my image for promotional, informational, or other reasons deemed to be in the best interest of the event.

I certify as a material condition to my being permitted to enter this race/ride that I am physically fit and sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed Medical Doctor. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years) having read and agreed to the above waiver.

I agree to the waiver and that I am 18 or older, or that I have the authority to register these participants and agree to the waiver for them.

Signature (parent or guardian if under 18):

Fill out both sides, sign and return to:

Damascus Friends Church
28857 Walnut St
PO Box 205
Damascus, Oh 44619

"But those who trust in the LORD will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint." (Isaiah 40:31)

Awards:

5K Run- \$50 cash prize for Men's and Women's overall winner.

Medals and prizes for 1st, 2nd, & 3rd place runners in following age brackets for both male and female:

14 and under, 15–19, 20–29,
30–39, 40–49, 50–59, 60+

5K Walk- Medals and prizes for male and female 1st, 2nd, and 3rd overall and in the following age brackets:

39 and under, 40-59, 60 +

Duathlon-\$50 cash prize for overall Men's and Women's winner. Medals and prizes for male and female 2nd and 3rd overall.

Register online at RunSignUp.com or use this form.
After the Race, check out finish times at
Miles of Smiles—SmileyMiles.com.



DFC Celebrate Recovery Ministry

This ministry is intended to give hope and help to those with hurts, habits and hang-ups.

CR Weekly Schedule

Damascus Campus – Thursdays at 6:30
Malvern Campus – Mondays at 6:30

Race proceeds benefit

DFC Celebrate Recovery and DFC Sports.

Contact: John Hancock—Race Director
JohnH@DFCnow.org

Saturday
May 28, 2022



5K Run - 5k Walk
12 mile Bike
Duathlon
Kids ½ mile Fun Run



Damascus Friends Church
28857 Walnut St., PO Box 205
Damascus, OH 44619
330-537-2581
dfcnow.com

Saturday May 28, 2022
At Damascus Friends Church
Registration / Check-in 7:30—8:55

5K Run/Walk or 5K Walk Race
(Walking category must walk entire race)
9:00 AM

\$17—early bird registration (guarantees short-sleeve or sleeveless performance t-shirt)

\$20—after 5/20/21

14 Mile Bicycle Ride (Ages 16+)
9:30 AM

This is not a race and is untimed. Experienced riders only and helmets are required. Bike check will take place between 8:00–9:20AM and bikes must pass inspection to participate. Bike riders should take a phone with them in case of needing assistance.

\$17- for bike ride only or **\$20** if you want to participate in both the 5K and untimed bike ride

Duathlon (5K Run and 14 mile Bike Ride)
9:00 AM

This event is timed with prizes for top 4 male and female overall finishers. Experienced riders only and helmets are required. Bikes must pass inspection. Riders must stop at all intersections.

\$20—Duathlon

Kids ½ mile Fun Run (ages 12 and under only)
8:40 AM

\$10—all participants guaranteed a medal and short sleeve t-shirt with registration before 5/20/20



After the Race, check out your times at
Miles of Smiles—SmileyMiles.com.

2022 Celebrate Recovery 5K
REGISTRATION FORM

Or register online at RunSignUp.com.

Please print

Name _____

Parent's Name (if participant is under 18)

Address _____

City _____ Zip _____

Phone _____

Email _____

Birthdate _____

Age _____ Gender: Male Female

Is this your first 5K? Yes No

Circle Shirt:

Short-sleeve or sleeveless shirt or no shirt=\$10

Circle Shirt size:

Adult: Sm Med Large XL XXL XXXL XXXXL

Youth: Sm Med Large XL

Circle Event:: Virtual (\$20)

5K Run/Walk (\$17)

5K Walk Only (\$17)

Bike Ride (\$17)

5K Run and Untimed Bike Ride (\$20)

5K Walk and Untimed Bike Ride (\$20)

Kids 1/2 Mile Fun Run (\$10)

Timed Duathlon (\$20)

***Cost is only \$10 if you prefer not to receive a t-shirt –just circle event and no shirt option above**

Emergency Info

Person to contact in case of emergency:

Phone: _____

Second Contact emergency:

Phone: _____

Please list any allergic reactions, serious injuries or special medical procedures:

Hospital Preferred: _____

Doctor: _____

Dentist: _____

I give my permission to the staff to secure a licensed physician in the case of an emergency to provide the necessary care.

Signature: _____
(Parent or Guardian if under 18)

Date: _____

Please sign reverse side of form.
Please make checks payable to: DFC Sports

